

# COUNSELOR'S NEWSLETTER



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7:30 a.m. - 2:45 p.m.  
8:00 a.m. - 3:15 p.m.

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## SOUTHWEST MIDDLE SCHOOL

Be Your Best. Do Your Best.

This is the time of year we begin to visit our feeder schools and start creating our student data sheets in preparation for the 2016-2017 master schedule. We will soon be asking for student input from teachers regarding student placement.

**8TH GRADE ELECTIVES:** Current 7th graders will soon be choosing their 8th grade electives. Counselors will be visiting world cultures classes on Friday, February 19th, and will be presenting on the different electives offered at Southwest Middle School. Students will take the elective course offerings home. Parents and students will choose their top 5 electives, student and parent will both sign the form and students will return it to the counselors. Students who do not turn in an elective offerings form will be placed in the elective choice of their counselor and/or where there is availability.



**COLLEGE MAKING IT HAPPEN:** Do you plan to go to college? Do you know what steps you need to take in order to get there? College Making It Happen is right around the corner! On Thursday, March 10th at 6pm, we will have a career fair where students and parents can learn about different careers and hear valuable information from UCSD representative, Dr. Mario Aguilar, on how to prepare for college. We will have different raffles and you will also receive a free dress day coupon for attending.



**NATIONAL SCHOOL COUNSELING WEEK:** National School Counseling Week will be celebrated from **Feb. 1 -5, 2016**, to focus public attention on the unique contribution of professional school counselors within U.S. school systems. National School Counseling Week highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career. Stop by and say hello to your counselor.

## A message from your counselors...

Change is constant in today's world and it can be difficult to keep with the times when life seems to be moving so fast. But by making the right choices, by being determined, persistent and motivated, you can do it. You can be the change you wish to see in this world.

Harriet Tubman once said, "Every great dream begins with a dreamer. Always remember you have within you the strength, the patience, and the passion to reach for the stars to change the world."

When you need someone who will listen and that you can trust, remember that your school counselor is always here for you.



## UPCOMING EVENTS:

- District Counselors Meeting at Olympian High School, Monday, February 1st, 7:30 a.m.—3 p.m.
- Semester I Awards Ceremony, Stage Area, Wednesday, February 3rd, 8:10 a.m.—10:15 a.m.
- 8th Grade Elective Presentations thru World Cultures classes, Friday, February 5th, 8 a.m.—1 p.m.
- Berry Elementary visit, Tuesday, February 16th at 10:15 a.m.
- Mendoza Elementary visit, Tuesday, February 16th at 2 p.m.
- **PROGRESS REPORT #3, FRIDAY, FEBRUARY 19TH**
- Sunnyslope Elementary visit Friday, February 19th at 2 p.m.
- Activities to Engage Female Youth In & Out of School, Wednesday, March 2nd at SDCOE, 8:45 a.m.—3:45 p.m.
- **ADELANTE MUJER CONFERENCE, SATURDAY, MARCH 5TH AT EASTLAKE MIDDLE SCHOOL, 8 A.M.**
- **COLLEGE WEEK**, Monday, March, 7—Friday, March 11.
- **COLLEGE MAKING IT HAPPEN, THURSDAY, MARCH 10TH, 6 P.M.**

## NO SCHOOL

- Friday, February 12th
- Monday, February 15th
- Spring Break

March 21—April 1st

